

Aspire!

Evaluating the Impact of Mentoring Programs on At Risk Youth

Emily Wessels IDST 4220Y 2017-18

On behalf of the Trent Community Research Centre and the International Development Studies program, a student will review research on mentorship and at risk youth. The effects of mentoring vulnerable youth, the ethical obstacles and lack of literature on this subject make it a difficult subject to research.

Purpose

- Evaluate the outcomes of the Aspire Program
- Identify the best mentorship practices used to create positive youth development
- Provide new strategies to improve the program if needed

Research Questions

- What are the emerging best practices for engaging young adults in positive mentoring?
- What are the characteristics of successful mentoring relationships?
- What are participants' experiences so far?



John Howard Society

- Located in downtown Peterborough
- Offers programs assisting with intervention, prevention and reintegration.
- Supports adults ages 17-25 through mentorship to achieve career goals

Literature Review

The literature review includes research completed in Canada that focused on different mentorship programs and practices used. A detailed final report will be finished for April 2017.

Interviews

Mentees and mentors will be interviewed using semi-structured interviews. Researching appropriate techniques for interviewing at-risk youth has been a challenge.

Host Organization: John Howard Society of Peterborough
Host Supervisor: Bethann Brown, Jane Garant

Faculty Supervisor: Hayley Goodchild
TCRC Coordinator: David Tough

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